



THE IMPLEMENTATION REPORT OF THE TRAINING COURSE ON EMPOWERING WOMEN THROUGH SOCIAL, ECONOMIC AND CULTURAL INTERVENTION

Jakarta, 17 – 22 May 2010



Center for International Training and Collaboration
National Family Planning Coordinating Board
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CHAPTER I BACKGROUND

1.1 Introduction

Family Planning program in Indonesia is directed to materialize a small, happy, and prosperous family (family which is economically prosperous and resilience). Since the beginning, family planning program of Indonesia has been focusing on 5 interventions 1) to delay marriage through Adolescent Reproductive Health Program, 2) Fertility control through contraceptive service,3) Income generating program for family planning acceptors, 4) Parenting for children and adolescent, and 5) Family empowerment program for taking care of the aged people in the family.

Women empowerment and the improvement of women roles in the socio-economic activities mutually influence the number of children. The higher status of the woman will lead to the reduction number of children. The fewer number of children, the more opportunity to women to improve their socio-economic status. Therefore, family planning program in Indonesia is closely linked with women empowerment programs through economy, social and culture.

The training course on Empowering Women through Social, Economic and Cultural Intervention which is organized by the National Family Planning Coordinating Board (BKKBN) of Indonesia is designed to share Indonesian experience with participants from various countries in improving women status through several activities at the grass-root level, and linked with women participation in family planning and reproductive health programs. This training program is the collaboration between the Government of Indonesia and the Colombo Plan.

1.2 Title

“Training Course on Empowering Women through Social, Economic and Cultural Intervention”

1.3 Purpose

The purpose of the training course is to provide participants from the Colombo Plan member countries with an opportunity to update and upgrade relevant approach and knowledge of women empowerment through social, economic and cultural intervention

At the end of the training course, the participants are expected to have an understanding of the following:

- The implementation of Population and Family Planning program to achieve small, happy, and prosperous family
- Women Empowerment programs through family planning at the grass-root level to materialize small, happy, and prosperous family.
- Women activities group which organize women empowerment program at the grass-root level.

1.4 Expected Output

Each participating country is expected to have improved knowledge of the relevant approach and knowledge of women empowerment through social, economic and cultural intervention

1.5 Organization of the Training

The Organizing Committee comprises the Colombo Plan Secretariat and the Government of the Republic of Indonesia. The Government of the Republic of Indonesia designates Center for International Training and Collaboration – National Family Planning Coordinating Board, Indonesia as the implementing agency of the training course.

CHAPTER II PROGRAM IMPLEMENTATION

The training course entitled “Training Course on Empowering Women through Social, Economic and Cultural Intervention” was held from 17 until 22 May 2010 at Hotel Ibis Tamarin, Jakarta. There were ten participants attended the training coming from 8 Colombo Plan Member Countries consist of Vietnam, Lao PDR, Bhutan, Afghanistan, Myanmar, Pakistan, Papua New Guinea and Sri Lanka.

The training course is a combination between class (70%) and field orientation (30%). It was divided into four major integrated parts of activity namely: **A) Class Orientation** which is designed to share with participants the philosophy, policy, strategy and main activities of family planning and women empowerment in Indonesia including case study ; **B) Field Visit** to Depok a sub district located at West Java Province to observe and have discussion directly with community who manage the programs and with beneficiaries of the programs to see the benefit and constrains which they face in running the programs. **C) Preparation and Presentation of the Action Plan ; D) Other Relevant Activities.** Prior to the opening ceremony the organizing committee gave details information on the whole process of training program both activities related to the class session and field observation sessions. The following are the agenda of the training program:

2.1 Class Orientation

Class orientation is designed to share with participants the philosophy, policy, strategy and main activities of family planning and women empowerment in Indonesia including case study. On the first two days of the training, participants learning and discussing the policy, strategy, and the program for empowering women through social, economic and cultural intervention which linked to the population, reproductive health and family planning program from Indonesia perspective and participants country perspectives, consist of :

1) *Population and Family Planning Program of Indonesia in Materializing the Small, Happy and Prosperous Family*

In this subject participants discussed about the history of population policy in Indonesia; the results of the 40 years’ population policy; and current challenges and future direction of Population and Family Planning Program of Indonesia in Materializing the Small, Happy and Prosperous Family. The subject was explained by the Director of the Center for International Training and Collaboration, Drs. Eddy Hasmi, MSc. Based on the result of the class evaluation most participants categorized the facilitator as very good. In term of relevancy with the country’s women empowerment program, subject coverage, variability of presentation as well as facilitators’ readiness, in average participants categorized the facilitator as very good.

2) *Women Empowerment Programs at the Grass Root Level*

This subject explained about the history of women empowerment and child protection policy in Indonesia; the link between women empowerment program and the improvement of women's quality of life on health, education, economy within the current social and cultural environment; the achievement gained by the program; and current challenges and future direction of Women Empowerment Programs, particularly at the grass root level. The subject was explained by the Executive Secretary Ministry of Women Empowerment and Child Protection, Dra. Ninin Nirawati, METPA. Most participants categorized the facilitator of this subject as very good. In term of relevancy with the country's women empowerment program as well as subject coverage in average participants categorized the facilitator as very good. Meanwhile, the participants viewed facilitators' readiness and the variability of facilitator's presentation as good.

3) *Women Empowerment through Family Planning Program in Indonesia*

This subject covers the definition of women empowerment, the analysis of women empowerment based on gender; the link between women empowerment program and family planning program; the effort to enhance women empowerment through family planning program; the women's organization related to Women Empowerment and Family Planning Program; current challenges and future direction of Women Empowerment Programs which linked to Population and Family Planning Program of Indonesia particularly at the Grass Root Level. The subject was explained by the Director of the Center for International Training and Collaboration, Drs. Eddy Hasmi, MSc. In general most participants viewed the facilitator as very good. In term of relevancy with the country's women empowerment program, subject coverage, as well as variability of presentation in average participants categorized the facilitator as very good. Meanwhile participants categorized the facilitators' readiness as excellence.

4) *Income Generating Programs (UPPKS)*

In this subject participants gained knowledge on Family Welfare and Empowerment Program Policy as part of the Population and Family Planning Program of Indonesia in Materializing the Small, Happy and Prosperous Family; the approach used in the Families' Economic Empowerment Program; Income Generating Activities as one of the approach used within Families' Economic Empowerment Program; the Strategy, Goals and Activities of the Income Generating Program; and current challenges and future direction of the Income Generating Programs. This subject was presented by the senior researcher from the Directorate of the Research on Family Development and Gender, DR. Rina Herartri. Based on the result of the class evaluation in this subject, most participants categorized the facilitator as very good. In term of relevancy with the country's women empowerment program, subject coverage, variability of

presentation as well as facilitators' readiness, in average participants categorized the facilitator as very good.

5) *Family with Children Under Five and Adolescent (BKB-BKR) Programs*

In this subject, participants discussed about the importance of the Family Resilience Program as part of the Population and Family Planning Program of Indonesia in Materializing the Small, Happy and Prosperous Family; the Approach used within the Family Resilience Program; Family with Children Under Five and Adolescent (BKB-BKR) Activities as one of approach used within the Family Resilience Program; the Strategy and Goals of the Family with Children Under Five and Adolescent (BKB-BKR) Activities; and current challenges and future direction of the Family with Children Under Five and Adolescent (BKB-BKR) Activities. The subject was explained by the Director of Family Resilience of BKKBN, Drs. Furqon La Faried, MA. In general, most participants viewed the facilitator as excellence. These reflected from the evaluation results where in term of relevancy with the country's women empowerment program, subject coverage, variability of presentation as well as facilitators' readiness, in average participants categorized the facilitator as excellence.

6) *Mother Friendly Movement*

In this subject participants gained knowledge about the Mother Friendly Movement; three major elements of the Mother Friendly Movement and how this effort linked with the fulfillment of MDG's and the Population and Family Planning Program of Indonesia; the six priorities of the Mother Friendly Movement program in supporting the Government Integrated Efforts; the Strategy and Activities of the Mother Friendly Movement Program; as well as current challenges and future direction of the Mother Friendly Movement Programs. The subject was explained by Dr. Abdullah Cholil, MPH, one of the Indonesian Expert related to Mother Friendly Movement. In general most participants categorized the facilitator as excellence. In term of subject coverage and variability of presentation in average participants categorized the facilitator as excellence. Meanwhile in term of relevancy with the country's women empowerment program as well as facilitators' readiness participants viewed facilitators as very good.

7) *The Role of Women Empowerment Association (PKK) in Empowering Women*

This subject explained about the link between the Women Empowerment Association and the Family Welfare Improvement Program which linked with efforts in Empowering Women; the objective and the target of the program conducted by Women Empowerment Association (PKK); Ten Major Programs of Women Empowerment Association (PKK); the Movement Mechanism of Women Empowerment Association (PKK) at grass root level; the Implementation of Women Empowerment Association (PKK) Program at the grass root level; Health Integrated Services Post (POSYANDU) as one of the startegic activities of Women Empowerment Association (PKK) Program; as well as current challenges and future direction of the Women

Empowerment Association (PKK) Program particularly at the grass root level. The subject was explained by the Chairwomen of Working Group IV of the Women Empowerment Association (PKK), Mrs Ratna Farida. Based on the result of the class evaluation in this subject most participants categorized the facilitator as very good. In term of relevancy with the country's women empowerment program and subject coverage participants viewed facilitator as very good. Meanwhile in term of variability of presentation as well as facilitators' readiness, in average participants categorized the facilitator as good.

8) *Income Generating (UPPKS) Groups : Case Studies of Women's Empowerment Activities at Grass Roots Level in Indonesia*

During this session, participants were learning and gaining knowledge further about the income generating (UPPKS) Groups. Subject covered in this session consist of the history of the income generating group; the conceptual framework of the Income Generating (UPPKS) Groups; the link between Income Generating (UPPKS) Groups and the goals of the Population and Family Planning Program of Indonesia in Materializing the Small, Happy and Prosperous Family; the mechanism of Income Generating (UPPKS) Groups; Income Generating (UPPKS) Groups as a cyclist model; the characteristic and current profile of the Income Generating (UPPKS) Groups and short overview on the research result titled "Factors Affecting on Credits Installment Problems in 2000". The subject was presented by the senior researcher from the Directorate of the Research on Family Development and Gender, Drs. M. Dawam, MPA. Based on the result of the class evaluation in this subject, most participants categorized the facilitator as very good. In term of subject coverage, variability of presentation, relevancy with the country's women empowerment program as well as facilitators' readiness participants viewed facilitators as very good.

9) *Early Child Development (BKB) Groups : Case Studies of Women's Empowerment Activities at Grass Roots Level in Indonesia*

In this session, participants have the opportunity to further enhance their knowledge on Early Child Development (BKB) Groups. The subject consist of the history of Early Child Development (BKB) Groups; the conceptual framework of the Early Child Development (BKB) Groups; the link between Early Child Development (BKB) Groups and the goals of the Population and Family Planning Program of Indonesia in Materializing the Small, Happy and Prosperous Family; the mechanism of Early Child Development (BKB) Groups; and the characteristic and current profile of Early Child Development (BKB) Groups. The subject was presented by the senior researcher from the Directorate of the Research on Family Development and Gender, DR. Rina Herartri. Based on the result of the class evaluation in this subject, most participants categorized the facilitator as very good. In term of subject coverage, variability of presentation, relevancy with the country's women empowerment program as well as facilitators' readiness participants viewed facilitators as very good.

2.2 Field Visit

During field visit, the participants are given opportunity to observe and have discussion directly with community who manage the programs and with beneficiaries of the programs to see the benefit and constrains which they face in running the programs. The field observation was implemented at BKB GARUDA Group and UPPKS Prima Jaya Mandiri located at Depok, one of the sub district of West Java Province.

During the field visit in BKB GARUDA, participants gained knowledge on the implementation of BKB Group in the grass root level, consist of the history of BKB GARUDA Establishment; the mechanism of BKB GARUDA in implementing the Early Child Development program; the characteristic as well as current profile of BKB GARUDA; and current achievement, challenges and future direction of BKB GARUDA. Lastly, the participants also get the opportunity to have a direct dialogue with relevant stakeholders and resource persons from district down to the sub village levels related with the implementation of BKB GARUDA in this area.

Meanwhile, during the field visit in UPPKS Prima Jaya, participants have the opportunity to enhance their knowledge on the implementation of UPPKS Group in the grass root level. These consist of the history of UPPKS Prima Jaya Establishment; the mechanism of UPPKS Prima Jaya in implementing the Income Generating program; the partnership development of UPPKS Prima Jaya with private and university partners in developing the catfish cultivation as major product of their Income Generating program; the characteristic as well as current profile of UPPKS Prima Jaya; and current achievement, challenges and future direction of UPPKS Prima Jaya. Lastly, the participants also get the opportunity to have a direct dialogue with relevant stakeholders and resource persons from district down to the sub village levels related with the implementation of UPPKS Prima Jaya in this area.

Return from field visit, participants consolidated the result and from the activities it is observed that all of participants were able to map, describe and analyze the activities.

2.2 Preparation and Presentation of the Action Plan

As the output of the training, all participants were expected to demonstrate the action plan for empowering women through social, economic and cultural intervention which linked to the population, reproductive health and family planning program. Thus, in this session each country group had prepared and presented their country action plan which was developed by adapting the knowledge gained from the training with their home country situation. The outlines of the presentation was consist of four part : a) Introduction; b) Situation Analysis of the Women Empowerment Program, c) Strategic Action Plan and d) Monitoring

and Evaluation. Based on the presentation of participants' action plan, it is identified that most of them were interested to adopt and propose the income generating activities to their home country program in order to improve women status particularly at the grass root level. It will be implemented through several activities conducted at the grass-root level which is linked with programs that support women participation in family planning and reproductive health programs.

2.3 Other Relevant Activities

There were five other relevant activities conducted during the training, these were:

1. Joint Administrative Briefing

Joint Administrative Briefing presented by Dra. Theodora Pandjaitan, MSc., Head of Overseas Training and International Collaboration of BKKBN, and Representative of State Secretariat of RI, Drs. Mochammad Facrurozi. Within the Administrative Briefing, all participants were briefed on the information related to the training and administrative matters such as the sequence of the training, field and cultural orientation, DSA, hotel, food etc.

2. Opening Ceremony

The sessions of this opening ceremony consecutively were: (a) the opening report, which consists of the whole overview of how this training will be performed, by the Head Division of Overseas Training and International Collaboration of Center for International Training and Collaboration of BKKBN, Dra.Theodora Pandjaitan, MSc.; (b) some remarks given by Director of the Center for International Training and Collaboration, Drs. Eddy Hasmi, MSc, Secretary General of the Colombo Plan, Dato' Patricia Yoon Moi Chia, (c) opening remarks by Minister Secretary of the State Secretariat, Drs. Ibnu Purna Muchtar, MSc. which marked the training had officially opened and lastly (d) the attachment of nametags to the representatives of participants (Mr. Matthew Aia Daniel from Papua New Guinea) by Minister Secretary of the State Secretariat, Drs. Ibnu Purna Muchtar, MSc.

This ceremony also attended by facilitators and senior official of BKKBN. At the end of the closing session participants had the chance to have group pictures with all the officials before returned to their class session.

3. Introduction to Colombo Plan

Introduction to Colombo Plan was presented by Secretary General of the Colombo Plan, Dato' Patricia Yoon Moi Chia. In her presentation, all participants were briefed on the information related to Colombo Plan activities, priority program to support Civil Minimum and MDGs, Colombo Plan Technical Cooperation and Component along with the information on several program offered by Colombo Plan for the year 2010.

4. Cultural orientations in Jakarta

Within the training program participants had the opportunity to have cultural orientations in Jakarta by visiting the Taman Mini Indonesia Indah (Miniature Park of Indonesia) and Cempaka Mas Shopping Center.

5. Closing Session

The sessions for this closing ceremony in consecutive started with (a) the closing report, which consists of the whole activities performed during the training, evaluation on trainers and the facilities, delivered by the Head Division of Overseas Training and International Collaboration of Center for International Training and Collaboration of BKKBN, Dra.Theodora Pandjaitan, MSc; followed by (b) some remarks by the Representative of State Secretariat of RI, Drs. Mochammad Facrurozi; and eventually (g) the closing speech given by the Director of the Center for International Training and Collaboration, Drs. Eddy Hasmi, MSc

As the sign of appreciation to the participants during the training programs, Director of the Center for International Training and Collaboration, Drs. Eddy Hasmi, MSc, the Representative of State Secretariat of RI, Drs. Mochammad Facrurozi and the Head Division of Overseas Training and International Collaboration of Center for International Training and Collaboration of BKKBN, Dra.Theodora Pandjaitan, MSc presented the certificate, address book, Training CD and souvenir to each participant, followed by congratulations from the officials. Lastly, at the end of the closing session participants had the chance to have a farewell dinner with all the officials at Ibis Tamarin Hotel.

CHAPTER III EVALUATION

During the training, participants had evaluated the entire programs from the facilitators; orientation and discussion in class; orientation and field activities; logistic; and service of the staff. Overall, the participants categorized the implementation of training as excellence. This reflected from participant's view on several categorizes as follows:

1. *Facilitators*

In average the participants categorized all facilitators as very good. In term of relevancy with the country's women empowerment program, subject coverage, variability of presentation as well as facilitators' readiness, in average participants categorized all facilitators as very good

2. *Orientation and Discussion in Class*

In average the participants categorized orientation and discussion in class as very good. In term of qualification of the facilitators, training course materials or handouts, appropriateness of the topics on class orientation as well as time allocation of each topic, in average participants categorized all of them as very good

3. *Orientation and Field Activities*

In average the participants categorized orientation and field activities as excellence. In term of arrangement of field orientation, appropriateness of field orientation as well as consolidation session, in average participants categorized all of them as excellence

4. *Logistic*

In average the participants viewed the logistic during the training as excellence. Participants categorized class room and hotel accommodation as very good. Meanwhile, in term of food and meal arrangement in hotel and field, cultural orientation as well as pick up and transportation arrangement, participants reported them as excellence

5. *Service of the staff*

In average the participants viewed the service of the staff during the training as excellence.

Meanwhile, most participants also suggest the training to be arranged in longer time. Beside that participants also reported that adding more time for field visits and providing more information about the case study will improve the quality of training in the future.